



DR. SARAH SAKALA

DNP, APRN, FNP-BC

 (321) 507-6956

 Sarah.Sakala@knights.ucf.edu

 Port Orange, FL

 linkedin.com/in/SarahSakala

PROFESSIONAL PROFILE

Doctoral prepared Board-Certified Family Nurse Practitioner licensed in Florida as a Nurse Practitioner. Passionate about primary care of all ages.

EDUCATION

DOCTORATE (DNP) // FAMILY
NURSE PRACTITIONER
University of Central Florida,
Orlando, FL
2020

BACHELOR OF SCIENCE (BSN) //
REGISTERED NURSE
University of Central Florida,
Cocoa, FL
2015

BACHELOR OF SCIENCE IN FINE
ARTS // ILLUSTRATION
Rochester Institute of
Technology
2007

CERTIFICATIONS

FAMILY NURSE PRACTITIONER //
BOARD CERTIFIED
ANCC - 2020011194
ACTIVE (FL AND NC)
APRN11009272
NPI-1447892096
DEA LICENSED

REGISTERED NURSE //
LICENSED FL – COMPACT
MULTI-STATE
ACTIVE - RN9417550

WORK EXPERIENCE – NURSE PRACTITIONER

FAMILY NURSE PRACTITIONER

ADVENTHEALTH MEDICAL GROUP | DAYTONA BEACH, FL | JULY 2021 – PRESENT

- Family medicine in an outpatient facility providing primary care for ages 13+
- Treat acute illnesses and minor injuries
- Trigger point injections
- Illness prevention, vaccinations, and age appropriate cancer screenings
- Chronic disease management of DM, HTN, HLD, CKD, CVD, CHF, COPD, asthma, depression/bipolar, ADHD, musculoskeletal problems, blood dyscrasias, vitamin deficiencies, and thyroid, gastrointestinal, dermatologic, and rheumatologic disorders
- Weight loss management, education, nutritional counseling
- Women's health, birth control, STI management
- Preoperative clearances and post hospital discharge care
- Prescribing and medication management, prior authorizations
- POC testing, EKGs, diagnostic imaging, and bloodwork interpretation
- Appropriate referrals and collaboration with specialists, care coordination
- Patient education, Medicare Annual Wellness exams, and advance directives
- Coding proficiency with ICD-10 and CPT
- Telehealth visits

ADJUNCT INSTRUCTOR

UNIVERSITY OF CENTRAL FLORIDA | ORLANDO, FL | JAN 2021 – MAY 2022

- Instructor for NGR7911C and NGR7912C, DNP Project 1, 2, and 3
- Chairperson and facilitator of doctoral student progression through DNP project

SKILLS

- Tracheostomies and Vents
- J/G-Tubes
- Critical Cardiac Drips
- Biometric Screens
- Immunizations
- Wound Care
- Peritoneal Dialysis
- PICC Management
- Electronic Medical Records
- Patient and Staff Education
- Home Health
- Staff Leadership
- CEU Provision
- POC Testing
- Mentorship

AWARDS

ANEW Traineeship Grant
Federally Funded - UCF // 2019

15 Scholarships and Grants
// 2002-2020

PRESENTATIONS

Podium presentation. (2020).
Caring for adults with autism spectrum disorder in outpatient practice: An educational intervention for nurse practitioners.

INTERESTS

- Pediatrics
- Cardiology
- Education
- Primary Care
- Autism Spectrum

WORK EXPERIENCE - NURSING

FAMILY NURSE PRACTITIONER

CVS MINUTECLINIC CONTRACT | KISSIMMEE, FL | FEB 2021 – JUNE 2021

- Screened patients for COVID19 with EPIC EMR
- Insurance verification
- Point of care test specimen collection/processing
- Notified of results, educated patients
- Maintained infection control and lab processing requirements

FACILITY PEDIATRIC REGISTERED NURSE

AVEANNA HEALTHCARE | MELBOURNE, FL | NOV 2020 – FEB 2021

PEDIATRIC HOME HEALTH REGISTERED NURSE

SONAS HEALTHCARE | MELBOURNE, FL | APRIL 2020 – NOV 2020

PEDIATRIC HOME HEALTH REGISTERED NURSE

FOCUS FORWARD SKILLED CARE | ORLANDO, FL | JAN 2020 – AUG 2020

BIOMETRICS & VACCINATIONS REGISTERED NURSE

PASSPORT HEALTH | SCOTTSDALE, AZ | JUNE 2019 – DEC 2019

CARDIAC PCU BSN REGISTERED NURSE

HEALTH FIRST HRMC LEVEL 2 TRAUMA CENTER | MELBOURNE, FL | DEC 2015 – MAY 2018

REFERENCES

Angeline Bushy, PhD, RN, FAANP
DNP Project Chair
University of Central Florida
(386) 506 - 4032
Angeline.Bushy@ucf.edu

Deborah Tedesco, DNP, APRN
DNP Committee
Orlando Health
(407) 453 - 0001
Deborah.Tedesco@orlandohealth.com

Ann Raikes Hartley, DNP, APRN
Preceptor
Family Physicians Group
(407) 693 - 4978
ahartley@fpg-florida.com